



Mi Watch Lite

Fitness:

- Build-in GPS
- Air Pressure & Altitude
- Automatic Adjust Brightness
- Compass
- 11 Workout Modes:
 - Outdoor Running
 - Treadmill
 - Outdoor Cycling
 - Indoor Cycling
 - Freestyle
 - Walking
 - Trekking
 - Trail Run
 - Pool Swimming
 - Open Water
 - Cricket

Health & Daily Life:

- Heart Rate Monitoring
- Sleep Monitoring
- Guided Breathing
- Notifications
- Weather
- Clock
- Alarm
- Flash
- Emoji

Design & More:

- 5 Default Watch faces
- 9 Days Battery Life
- 2-Hours Charging
- Xiaomi Wear APP
- Easy Change Straps:

Mi Watch Lite

Available in Black, Navy Blue and Ivory



Monitor 11 different types of sports

Built-in Standalone GPS, Water Resistant up to 50 Meters & Swimming Stroke Recognition.



Professional health monitoring, comprehensive display of your physical condition

Data synchronization with Xiaomi Wear App. Automatically adjusted screen brightness. Message notifications with Emoji, and much more.

Breath Training

Through scientific and effective breathing guidance, fully relax your body and mind



24-hour HR Monitoring

Can detect abnormal heart rate beat patterns when you feel unwell



Sleep Detection

In-depth analysis at different stages of sleep at night to maintain good sleeping habits



Screen Auto-brightness

Automatically adjusted screen brightness for you to see clearly at all light conditions



Emoji

Get your social media message notifications with cute little Emoji



Specifications

Nor Flash: 256 Mb
Frame color: black/navy blue/ivory
Dimmensions: 41 × 35 × 10.9mm(11.9mm at HR Sensor)
Display: 1.4" TFTLCD with Touch
Resolution: 320 × 320 pixels, PPI 323
Bluetooth: Bluetooth BLE 5.1
Sensors: PPG, Accelerometer, Gyro, Light sensor, E-Compass, Barometer
Build-in GPS: GPS + Glonass
Battery capacity: 230mAh
Water Resistance: 5ATM
Charger: Pogo Pin Charging Dock
Side Button: One Button
Weight: 35g
Wristband width: 20mm
Adjustable length of Wrist Strap: 140mm-210mm

Contents of the box:

