



Mi Watch

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- AMOLED HD 1.39" large display, Corning Gorilla Glass 3.
 - 16 days of long battery life with one charge on normal use, and 22 days in long-battery mode. 50+ hours battery life in Sports mode.
 - 2 hours charging time.
 - Bright display, 450 nits
 - Very light, only 32g
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- 17 professional fitness modes and 100 supported exercises.
 - 5ATM water resistance (up to 50 m)
 - Firstbeat motion algorithm
 - Built in GPS (GPS, Galileo, BDS, Glonass), geomagnetic compass and air pressure & elevation.
 - 100+ rich watch faces, also can create custom watch faces using your favourite photos.
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- Full catalog of health variable readings: Stress level monitoring, breath training, blood oxygen level, body energy monitoring, heart rate monitoring in real time, sleep cycle monitoring (tracking REM, deep and light sleep).
 - 6 Colorful straps selection
110+ personalized dials
 - Phone camera remote function.
 - Native emoji support.
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Mi Watch

17 sport modes

Trail running

Rowing machine

Outdoor running

Triathlon

Walking

Treadmill

Outdoor cycling

Pool swimming

Hiking

HIIT

Indoor cycling

Elliptical trainer

Yoga

Climbing

Open water

Jump rope

Freestyle workout

More than 100 rich, colorful watch faces

6 stylish, comfortable bands

Managed with the Xiaomi Wear App

Professional health monitoring, comprehensive display of your physical condition

Get sumarized versions of your different key health parameters on the quick watch menu, or detailed ones on each of them on the watch directly. Get historical data through the Xiaomi Wear App

Blood Oxygen

See what blood oxygen level is normal for you

Breath Training

Through scientific and effective breathing guidance, fully relax your body and mind

Stress Monitoring

Get timely reminders when your stress levels go too high during the day

Sleep detection

In-depth analysis at different stages of sleep at night to maintain good sleeping habits

24-hour HR monitoring

Can detect abnormal heart rate beat patterns when you feel unwell

Body energy Monitoring

Comprehensive real time monitoring of your energy value during the day

Specifications

Frame colors: black/navy blue/beige

Dimmensions (excl protrusions): 45.9 × 53.3 × 11.8mm

Wrist width: 22mm

Weight: 32g

Bezel: Stainless steel material (φ46.2mm)

Display: 1.39 inch AMOLED display

Resolution: 454 × 454 pixels

RAM: 16MB, ROM: 1Gb

Wireless connections: Bluetooth 5.0 BLE

Sensors: Heart rate sensor, acceleration sensor, gyroscope, geomagnetic sensor, baraceptor, ambient light sensor, SpO2 sensor

Satellite positioning: GPS, GLONASS, BDS, GALILEO

Battery capacity: 420mAh

Waterproof level: 5ATM swimming waterproof

Operating temperature: -10°C ~ 45°C

Contents of the box:

Product manual x 1